

THIS PAPER NEEDS TO BE SIGNED AND RETURNED AS SOON AS POSSIBLE!

2017 Helfrich Park Middle School - Volleyball

Philosophy

Our team becomes stronger as each of us becomes stronger. Our goal is to become the best athletes that we possibly can.

We are only as strong as our weakest link. We do not criticize our teammates. Respect and encourage each other.

We are a "class outfit." Whether we win or lose, we do it with dignity and respect our opponents.

Being a part of this team is something you will always remember. Work hard and enjoy the competition. There is no better feeling than to know you gave your best effort to a task and achieved success.

Practice

Volleyball practice will begin every weekday at 2:40 pm. This will give you approximately 10 minutes to dress and report to practice. (School ends at 2:30) Practice will run until 5:00 (after 1st game practices will go until 4) with buses to take athletes home.

If you are excessively tardy to practice without a written excuse, you will not be allowed to compete in the next game. You must practice with your teammates to earn the right to compete. Continued tardiness will result in dismissal from the team.

If you miss a practice without a written excuse, you will miss the next competition. If you have another unexcused absence, you will again miss the next competition. A third violation will result in dismissal from the squad.

If you are going to be absent, call the school and have a note put in Coach Redd box or Coach Combs box.

Uniforms & Equipment

Athletes may purchase a Helfrich Park Volleyball spirit wear. We purchased new uniforms this summer all girls will need black shorts or spandex shorts (try to get them a little longer). First game is on August 23rd so I will need the money turned in with student shirt size no later than August 18th.

Academics – EVSC Middle School ExtraCurricular Academic Eligibility Requirements (Written Aug. 2015)

Students must not fail more than one class the prior grading period. A student failing one or more classes at the end of the grading period shall be suspended from participation in extracurricular activities for the rest of the season.

Note for Parent's

Not every athlete will compete during the games. We are taking on 12 girls and 2 managers. If your child does not participate that means they are still working on their skill level. Managers will practice with the team (they are part of the team). Do not come up to either one of the coaches and complain after the game you must wait 24 hrs.

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Transportation

ALL ATHLETES are required to find their own transportation. If you plan on leaving with someone other than your parent after the game, you must give your coach a note from your parent stating so. When you leave the game, you must let your coach know you're leaving and they must see with whom you are leaving with.

There is a bus available every day to take athletes home after practice at 5:00 p.m. If parents are going to pick up students after practice, parents must be at school no later than **4:55 p.m.**

On days we have home games student's may stay at school to do homework. If student's stay please sends a snack with them (some students eat lunch as early as 10:30am).

Respectful behavior on all bus trips is expected. The bus should be left as clean as it was when you got on it.

The bus driver is in charge and determines what is and is not acceptable on their bus. Any misbehavior on buses is handled by the school corporation administration.

Remember, we are representing Helfrich Park Middle School and the Reitz School District. Leave a good impression on people.

Discipline

A violation or repeated violation of the rules below will result in dismissal from the Volleyball team:

All athletes are expected to show respect to their coaches and teammates at all times. If athletes are disrespectful to their coach or coaches they will not be permitted to play in any game until attitude is improved.

All athletes are expected to participate to their fullest during practice.

All injured athletes should report any injuries to their coach. Coach will assist athlete with care needed or will get personnel to assist the athlete with the injury. Do not leave the school facility without notice to the coach.

All athletes are expected to follow the standard behavior rules outlined by the EVSC.

Your behavior outside of the track team is a reflection of us. ANY violations of the EVSC disciplinary code are unacceptable.

----- ✂ Cut Here ✂ -----

I have read and understand all the rules and procedures for Volleyball.

Student Name (PLEASE PRINT) _____

Parent/Guardian Signature _____